

Idaho High School Activities Association

2025-2026

Volleyball Officials Packet



2025 Volleyball

Classification — based on grades 9-12

6A	1,400 and over	3A	349-175
5A	1,399-700	2A	174-90
4A	699-350	1A	89 and under

2025 Volleyball Season

First Day of Practice	August 11
First Match	August 22
District Tournament Completion	October 25
State Play-ins	October 25

State Tournament October 30-November 1

- All teams will be required to enter rosters, schedules, pictures and scores on MaxPreps.
- Report (MaxPreps) all scores for the following:
 - o 2/3 matches where the first two sets shall be 25 points (no cap) the third set shall be 15 points (no cap)
 - o 3/5 matches where the first four sets shall be 25 points (no cap) the fifth set shall be 15 points (no cap)
 - Any match with a different score format should <u>NOT</u> be included on MaxPreps

Warm-Up Time for Matches

There will be a **maximum** of twenty minutes for pre-match warm-up between matches. The timer should start the clock 20 minutes prior to the start of the contest. The time schedule for the pre-match warm-up shall consist of the following 20-14-7:

- 1. 20-17 minutes: Teams can share court for warm-up time
- 17-14 minutes: Coin flip to determine the serving and receiving teams. Pre-Match Conference will take place at the score table and should include the head coach, team captain and officials
- 2. 14-7 minutes: Visiting team (low seed) practices on the full court including net play and serving
- 3. 7-0 minutes: Home team (high seed) practices on the full court including net play and serving
 - * No off contest court practice while opposing team has the court for warm-up.

The warm-up period may be limited to 15-12-6 at the discretion of the tournament manager due to schedule requirements. If this becomes necessary, the periods shall consist of:

- 1. 15-12 minutes: Coin flip to determine serving and receiving teams. Pre-Match Conference will take place at the score table and should include the head coach, team captain and officials.
- 12-6 minutes: Visiting team practices on the full court including net play and serving
- 3. 6-0 minutes: Home team practices on the full court including net play and serving
 - * No off contest court practice while opposing team has the court for warm-up.

Each tournament site has an area designated for team stretching prior to the start of the pre-match warm-up period. Teams will not be allowed on the playing court until the clock is started for pre-match warm-ups.

Official Ball

Baden Perfection VX5EC-220A (blue, grey and white) is the official ball of the IHSAA State Tournament.

Bench Protocols

Team benches will be determined by the home team. Teams will not switch benches unless the officials determine there is a clear and distinct disadvantage, then teams would switch sides.

Warm-up and Practice Between Sets

Teams will not be allowed to use the net for practice between sets. The ball may not cross the net. The number of participants at any practice or warm-up, shall be limited to the number of participants allowed in uniform (15).

Number of Participants/Coaches/Support Personnel

At all play-in and state tournament matches, teams are limited to fifteen (15) students in uniform during warm-ups and at the start of the contest. Violation of this rule will result in the school being assessed a maximum fine for dressing more than the approved number of players at a state play-in or tournament match with forfeiture of the match if excess numbers play. All classifications will be allowed three coaches and three support personnel to be admitted without an IHSAA card or tournament pass. Any coaches or support personnel exceeding that number must have either an IHSAA card or purchase a tournament pass.

Team Match Limitation

No team or individual shall play more than 16 regular season dates.

- 1. A maximum of 8 dates tri-matches. Any school playing two schools on the same date must count that competition as a trimatch.
- 2. Two dates may be tournaments (more than 3 schools involved).
- 3. A team may substitute one additional tournament. A school desiring to play in 3 tournaments may only play on 15 dates.

Rules for tournament play:

- 1. A tournament may be of any format.
- 2. A tournament held on Friday after 1:00 p.m. and Saturday will count as one date or one tournament.
- 3. A two-day tournament starting prior to 1:00 p.m. on Friday will be counted as two of the sixteen allowable dates.
- Total number of sets throughout the tournament will not be counted.

Individual Match Limitation

The athlete is permitted to play on **only 16 regular season dates**. Athletes may play in a sub-varsity and a varsity match against the same school on the same day providing the individual does not exceed five sets in 6A, 5A, 4A and 3A and seven sets in 2A and 1A. Athletes in all classifications may play in a post-season tournament (Freshman, Sophomore, JV) and then participate in the varsity district tournament.

A contestant who exceeds the limitations of regular season participation will become ineligible for district, state or any other additional IHSAA sponsored competition of that sport.

Rules

All contests will be played under National Federation rules. Rule books and case books are to be picked up and signed for by the school representative at the district rules clinic.

IHSAA Match Details

- 1. All varsity matches shall be best 3 of 5 sets.
- 2. Sets shall be played to 25 points, no cap, win by 2 points.
- 3. Fifth and deciding set shall be played to 15 points, no cap, win by 2 points.
- 4. Home team selects its team bench upon entering the facility, and visiting captain shall call the toss. If necessary, prior to the deciding set of match, home captain shall call the toss.
- 5. Each team shall be allowed 2 time-outs per set, with a total of 10 time-outs if 5 sets are played.
- 6. 18 substitutions
- 7. Use of the libero has been approved by the IHSAA Board of Directors. See the NFHS Volleyball Rules Book for specific applications for using the libero.
- 8. Season tournaments, pool play and tri-matches can play 2/3 to 25, no cap, win by 2 points; the 3rd set to 15, no cap, win by 2 points.
- 9. State tournament will use the 3 of 5 format.
- 10. Sub-varsity matches may use the 2 of 3 format.

2025 Volleyball Representation

<u>6A</u>		<u>5A</u>		<u>4A</u>	
I	1	I-II	1.5	I	.5
III	5	III	2	III	2.5
IV-V-VI	2	IV	2	IV	1.5
		V	.5	V	2
		VI	2	VI	1.5
<u>3A</u>		<u>2A</u>		<u>1A</u>	
I-II	2	I	1	I	1
III	2.5	II	2	II	1.5
IV-V	2	III	2.5	III	1.5
VI	1.5	IV	2	IV	1.5
		V-VI	.5	V-VI	2.5

State representation is based on the percentage of schools in each district to create equality over a two-year period.

State Play-in Matches

5A Play-in

1-2B Mt. View HS
1:00 p.m. Mountain
5A October 25

4A Play-in

1A Grangeville HS
1:00 p.m. Pacific
3C October 25

4A Play-In

4B Pocatello HS
1:00 p.m. Mountain
6B October 25

3A Play-In

3C Canyon Ridge HS 1:00 p.m. Mountain 6B October 25

2A Play-in

3C Canyon Ridge HS
3:00 p.m. Mountain
5-6A October 25

1A Play-in

2B Grangeville HS
3:00 p.m. Pacific
3B October 25

1A Play-in

4B Pocatello HS
3:00 p.m. Mountain
5-6C October 25

State Tournament

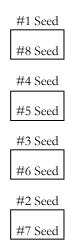
Dates: October 30-November 1

Sites:

- 6A Capital High School, Boise
- 5A Timberline High School, Boise
- 4A Mt. America Center, Idaho Falls
- 3A Mt. America Center, Idaho Falls
- 2A Post Falls High School, Post Falls
 - A Coeur d'Alene High School, Coeur d'Alene

2025 Bracketing

Qualifying teams will be seeded into the state bracket according to the final rankings through and including all regular season and district tournament matches. The high seed is considered the home team for all matches in the tournament.





2025-26 VOLLEYBALL RULES CHANGES

3-2-1 NOTE (NEW): Beginning with the 2026-27 school year, state associations may adopt the use of a non-smooth or textured volleyball.

Rationale: Allows either boys or girls to adopt a textured volleyball with no restrictions on color or shape of panels to be inclusive of all current textured volleyballs on the market.

4-2-1h(3), **4-2-1i(2)**: Team members may wear black, white or gray undergarments in addition to undergarments that match the predominant color of the uniform top/bottom under the uniform top and/or bottom. All team members, other than the libero, wearing an undergarment must wear the same color.

Rationale: Aligns with other NFHS rules codes allowing athletes to wear more commonly found colors of undergarments.

4-2-4d, f: Beginning July 1, 2029, the number on the front of the uniform must be centered on the upper half of the uniform top eliminating the measurement requirements from the shoulder seam and neckline.

Rationale: Removes officials from the position of measuring uniforms to verify the legal distance of the number from the shoulder or neckline, creates consistency in number placement, and allows for number placement variances due to player body types.

5-3-2b, 5-5-3b(9): Eliminates the requirement for the second referee to carry and use a lineup card to check the starting lineups.

Rationale: Allows veteran officials to use each coach's submitted lineup sheet to check the starting lineup while allowing the use of the lineup card as a training tool for newer officials to assist with tracking rotations during the match.

9-4-8c (NEW): Eliminates the judgment call of a multiple contact fault in a single attempt to play the ball on the second team hit if the ball is next contacted by a teammate.

Rationale: Allows for play to continue when multiple contacts on the second contact does not create an advantage for the offending team.

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10-4 PENALTIES 1: Changes the penalty administration for an illegal libero replacement to an unnecessary delay if identified before contact of serve and an illegal alignment if identified after contact for serve.

Rationale: Aligns the penalty for an illegal libero replacement with the definition of illegal alignment which occurs on contact of serve.

2025-26 Volleyball Editorial Changes

4-1 & 4-2 PENALTIES; 4-2-4c; 7-2a; 7-4; 7-1-4 PENALTIES 1 & 2; Signal 1

2025-26 Volleyball Points of Emphasis

- 1. Lineup Card
- 2. Ball Handling
- 3. First Referee Assigning Line Judges
- 4. Uniforms Contrasting Colors



Becoming an Official

We are so excited to hear about your interest in becoming an official. There is a great need for officials across Idaho so thank you for reaching out. The friendship and camaraderie are hands down one of the greatest reasons to officiate. Here is what you will need to become a high school official.

Registration is through Dragonflymax.com our assigning platform

- 1. https://www.dragonflymax.com/module-1-signing-up
- 2. Once you are registered you will complete your Sudden Cardiac arrest course and St. Luke's Concussion course. The courses can be found in your dragonfly account once created. You can also go to https://idhsaa.org and the two links are found under the "Officials" tab under courses.
- 3. There will be a NFHS test per sport that your commissioner will go over with you. It is 50 questions, you can take the test up to 5 times and it is open book.

You must attend a Rules Clinic per year

Rule clinics are posted on our website at the beginning of every year on July 1st.

There will be rules clinic in your area, these meetings are required to attend in person or online. You will get all information from your commissioner that you will need for the season as well as your hard copy of the rule books.

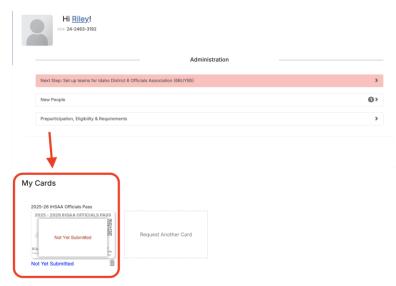
Uniform and equipment

The IHSAA will contact you with commissioner contact information. Your district commissioner will let you know all you need to get the year started. It is important to reach out to your commissioner to let them know you are ready to officiate or with any questions.



Applying for a IHSAA Officials Pass in Dragonfly

- 1. Before the pass will show up as an option for you to apply for, you must first register with IHSAA as an official in one sport + pay the \$35 fee for the pass.
- 2. Once the above is completed, you will be able to apply for the pass. To begin this process, on your "Today" page, you will see the following under "My Cards", select the "2025-26 IHSAA Officials Pass":



- 3. Complete the questions in part 1 (much of which will be auto-filled using your information already in Dragonfly.
- 4. Upload a headshot or use your Dragonfly photo ensuring it meets all the requirements listed.
- 5. You will then be able to submit your request for the card. Cards will be reviewed at least once a week. Once your card is approved, you will receive a email.
- 6. To retrieve your card in the app, select "Cards" in the bottom right corner of the "Officials" app. This will what you use to gain access for yourself and one guest to contests. There will be no paper/laminated cards printed.

IHSAA Rule 4-3 Application

Paraphrasing NFHS Rule 12-6, pages 66-67:

subsequent caution

Rule 12-6 EJECTION

a.

Article 1...A player, substitute, coach or bench personnel shall be ejected (red card) for:

NOTE: If both cautions are for dissent 4-3 DA

NOTE: If any Second caution is for dissent 4-3 DA

- b. a player (other than the goalkeeper within the team's own penalty area) deliberately handles a ball, attempting to prevent a goal and the goal is not scored. **4-3 DNA**
- c. a player commits a foul outside the penalty area when attempting to deny an obvious goal-scoring opportunity, and the goal is not scored. (DOGSO) 4-3 DNA
- d. a player commits a foul, inside the penalty area, while not attempting to play the ball, denying the opponent an obvious goal-scoring opportunity (DOGSO) and referee awards a penalty kick.

4-3 DA

4-3 DNA

e. using insulting, offensive or abusive language or gesture:

4-3 DA

- 1. taunting use of word or act to incite or degrade an opposing player, coach, referee or other individual

 4-3 DA
- f. committing serious foul play;
 - 1. the use of disproportionate and unnecessary force against an opponent while playing for the ball.

 4-3 DA
 - 2. a tackle or challenge that endangers the safety of an opponent or uses excessive force or brutality. 4-3 DA
 - 3. a player who lunges at an opponent that endangers the safety of an opponent or uses excessive force or brutality.

 4-3 DA
- g. spitting at or biting an opponent, teammate or game official 4-3 DA
- h. leaving the team area to enter the field where a fight or altercation is taking place unless summoned by an official 4-3 DA
- i. exhibiting violent conduct 4-3 DA

1. violent conduct when not challenging for the ball 4-3 DA

2. committing a violent act with our without contact 4-3 DA

3. deliberately striking an opponent around the head or face 4-3 DA

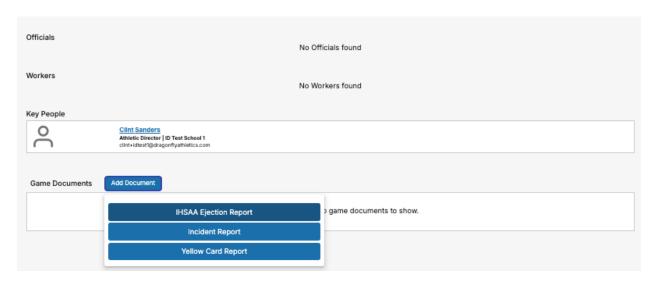
DNA = 4-3 does not apply

DA = 4-3 does apply



Completing an Ejection Report in Dragonfly

- 1. In the "Assignments" screen, select the game where your ejection report took place.
- 2. At the bottom of the page, select the "Add Document", "IHSAA Ejection Report"



3. Complete all fields (all required). Be aware that once you have submitted, it cannot be edited. It will also be viewable to all ADs and Commissioners at that time.

Please ensure when completing the report please do the following:

- Use language from the rule book in your sport that constitutes an ejection.
- Be clear and concise and only report information relevant to the ejection.
- Do not include editorial comments or opinions, just facts.
- If the ejection is for language, please use the language that the player/coach used without paraphrasing or characters to replace letters.





Safety courses are required for all officials on even numbered years. Courses must be taken after May 1, 2024.

Required Safety Courses:

*Sudden Cardiac Arrest
*St. Luke's Concussion Course

Follow these instructions to access the free, courses.

- ✓ Go to the IHSAA website www.idhsaa.org
- ✓ Click school / Coaches
- ✓ Fill in required information to sign-in or create account
- ✓ Follow instructions to start course
- ✓ At the conclusion of the course, **PRINT / SAVE CERTIFICATE.**

NFHS Help Desk (317) 565-2023



Athletic Officials Code of Ethics

Believing that mine is an important part in the nationwide school athletic program, I pledge to act in accordance with these principles:

- I will honor contracts regardless of possible inconvenience or financial loss.
- I will study the rules of the game, observe the work of other officials and will, at all times, attempt to improve myself and the game.
- I will conduct myself in such a manner that attention is drawn no to me, but to the young people playing the game.
- I will maintain my appearance in a manner befitting the dignity and importance of the game.
- I will cooperate with the news media in the interpretation and clarification of rules and/or other areas related to good sportsmanship but I will not make statements concerning "calls" after a game.
- I will uphold and abide by all rules of the IHSAA and the NFHS.
- I will give my complete cooperation to the school I serve and to the IHSAA which I represent.
- I will cooperate and be professional in my association with coaches and other officials and will do nothing to cause them public embarrassment.
- I will keep in mind that the game is more important than the wishes of any individual.